

# DON'T LET LUNG CANCER MAKE ITSELF AT HOME.

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Unusual breathlessness or a persistent cough that's new or different for you, and lasts over 3 weeks, could be lung cancer – especially if you're over 40.

The sooner it's found, the easier it is to treat.  
Contact your GP practice without delay.



While there's probably nothing to worry about, it's best to get checked early. Your GP practice wants to hear from you.

## SIGNS AND SYMPTOMS

Unexplained and persistent (3+ weeks) in those aged 40+:

- > Change in cough or new cough
- > Change in breathlessness or new breathlessness
- > Fatigue in smoker or ex-smoker
- > Persistent or recurring chest infection

May also be accompanied by:

- > Coughing up blood
- > Chest/shoulder pain
- > Unexplained weight loss
- > Loss of appetite
- > Hoarse voice

## GETTING CHECKED

What to expect when you contact your GP practice:

- > Some consultations are taking place over the phone or via video call
- > Your GP/primary care clinician will listen to your concerns about your health and ask questions about your symptoms
- > They may ask you to come in to examine your chest
- > They'll decide if you need to have a chest x-ray or other tests and will arrange these for you
- > If you need more investigations, they may arrange for you to see a chest specialist in a hospital

## WORRIED ABOUT SOMEONE?

If a family member or friend is experiencing any symptoms mentioned on this leaflet, encourage them to contact their GP practice. It's time to start a conversation.